

# YOU ARE NOT ALONE

A NATIONAL CATHOLIC INITIATIVE FOR MIGRANTS AND THEIR FAMILIES

*You Are Not Alone* is a national initiative of the Catholic Church offering hope, compassion, and practical support to immigrants across the United States. Rooted in the belief that every person is created in God's image, we provide resources and information through four pillars: legal-rights education, emergency assistance, pastoral care, and accompaniment during times of crisis—so that nobody has to face a time of such uncertainty alone.

Through parishes, ministries, Catholic Charities, and community partners, people of faith stand in solidarity with immigrant families through prayer, public witness, and direct support. Everyone is invited to get involved—join the movement, take the Cabrini Pledge, or reach out directly for more information at [notalone@usccb.org](mailto:notalone@usccb.org).

**JOIN THE MOVEMENT. STAND WITH IMMIGRANTS. SHARE GOD'S LOVE.**



**LEARN MORE OR GET CONNECTED:**  
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## PARISH AND DIOCESAN ACCOMPANIMENT AND SUPPORT FOR MIGRANTS AND THEIR FAMILIES.

The Catholic Church has long affirmed that every person is created in the image of God, imbued with an inherent dignity, and deserving of respect. Guided by Sacred Scripture and Catholic tradition, parishes across the United States are uniquely positioned to respond with compassion and solidarity to the needs of immigrants and refugees who often face uncertainty and hardship because of immigration enforcement. Catholic institutions, including schools, parishes, and social service organizations have long served as places where families can find not only pastoral care but also concrete support in moments of crisis.

This initiative builds upon that tradition, offering tools and resources that enable parishes to more effectively welcome and stand alongside immigrant communities by serving as places of welcome, accompaniment, and hope. The Justice for Immigrants Campaign, which includes a network of 130 dioceses and 20 national-level Catholic organizations, will function as a critical nexus for this initiative. Please see the [accompanying website](#).

There are four key areas of ministry for each diocese to consider:

- Emergency and Family Support
- Accompaniment and Pastoral Care
- Communications and Church Teaching
- Solidarity through Prayer and Public Witness

Strategies, activities, and resources for each of these areas, as well as examples of active ministries, will help equip dioceses and parishes to welcome newcomers and accompany them in times of need. We plan to add more as we learn from each other.

In his homily for the Jubilee of Migrants on October 5, our Holy Father, Pope Leo XIV, reminded us that our salvation provided by God “is fulfilled when we take responsibility and, with the compassion of the Gospel, care for the suffering of others.” It is in this light, grounded in the Gospel and the Church’s social teaching, that the USCCB and its national partners are proposing this initiative as a way for the whole Church in the United States to respond to this critical moment with compassion, solidarity, and practical accompaniment.

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