



Five Ways To Stop Family Separation, Support Separated Families, and End Family Detention

Photo: Loren Elliot/CNS

(1) **Pray:** You can find a prayer for migrant children [here](#).

(2) **Speak Up:** Contact your U.S. Senators and Representative directly by phone to voice your concern. Specifically, ask for these actions of your lawmakers:

- a) Maintain the Flores Settlement Agreement. Ensure all of its protections continue to be applied to both unaccompanied and accompanied children.
- b) Expanding family detention is not a solution to family separation. Children should not be detained.
- c) Support the adoption and implementation of family case management as an alternative to detention to ensure asylum-seeking families comply with their immigration proceedings.
- d) Augment funding for post releases services for children and families released from immigration custody so they receive the necessary counseling to deal with their trauma.

You can find the telephone number for your representative [here](#) and your senators [here](#).

(3) **Take Action:** Contact your [local Catholic Charities](#) affiliate to learn about their material/volunteer needs, consider [fostering an unaccompanied child](#), or join the [Share the Journey](#) global solidarity campaign with migrants and refugees.

(4) **Give:** Support agencies that are helping families and children impacted by the crisis. Support [Catholic Charities USA](#).

(5) **Learn More:** To learn more about [Family Separation](#), visit the Justice For Immigrants (JFI) [“Family Separation Webpage”](#) to review backgrounders, educational material and webinar materials.